# **UGANDA SECONDARY SCHOOLS SPORTS ASSOCIATION**



GNS Plaza, 2nd floor, Old Kampala Road P.O Box 114052 - Kampala, Uganda

usssaonline.com | Email: usssa2002@gmail.com Tel: +256 393 256 054

Monday 19th May, 2025

## **Zonal Chairpersons and Secretaries**

# RE: ATHLETICS FORMART FOR SECONDARY SCHOOL NATIONAL BALL GAMES II AT ST PETERS COLLEGE TORORO 10<sup>TH</sup> - 19<sup>TH</sup> JULY 2025

In reference to the above subject,

Below is the Revised Format and scoring system for athletics 2025.

#### 1. The Competition:

The completions will be held in in Tororo. Selected students will represent their respective schools, districts and zones

## 2. Scoring System:

- **Individual Disciplines:** Athletes competing in individual disciplines will score points for their schools, districts, and zones.
- **Relays:** Relay events will only contribute points to the district and zone, as they involve athletes from multiple schools.

#### 3. Zonal Teams:

- The zone will collect all the points earned by athletes coming from the district that constitute that zone.
- The points will be earned from individual competitions and not collective/relays
- The zones will compete in relays (different from the district relays) and the team composition will be made from a selection of athletes coming from the districts in that zone.

NB: - The selection of the Zonal Relay Team may be done during competitions in the individual races.

#### 4. Scoring Distribution

To summarize the scoring distribution:

- Schools: The school will earn all the points won by its students in individual races.
- Districts: Points will be earned from individual athlete performances and relay events.
- Zones: Will earn all the points won by athletes coming from the districts that constitute that zone. The zone will also earn points won by its relay teams.

## 5. Trophies:

There Will Trophies Won By:

- Best School in Girls
- Best School in Boys
- Best District in Girls
- Best District in Boys
- Best Zone Girls
- Best Zone Boys
- Cross country boys
- Cross country girls
- Overall District Champion

#### NB

- 1. The only athletes that will compete for the school will be those that constitute the district team Maximum district contingent will be 25 girls, 25 boys
- 2. We encourage all students to participate actively in the athletics competition, showcase their talent, and contribute to their school, district, and zone's success. Your dedication and sportsmanship will be key to achieving excellent results.

We wish you the best of luck in your training and preparations.

**For any** queries or clarifications, please contact the USSSA secretariat.

Let the spirit of healthy competition prevail!

Mugisha Christopher Banage

**Chief Executive Officer (CEO)**